

“My Cup Runneth Over”

The oil spill, the crisis in Europe, the national debt, the housing bust. Whew! It seems as if we have had our fill of bad news as of late. I wish I could confidently tell you that all the negative news never affects me, but I would be dishonest. It does drag down my spirit and make me anxious over the future.

But then I remember God. Peter stated that we have *“exceeding great and precious promises”* (2 Peter 1:4). These promises help bear me up through the times of anxiety. Although I may feel as though my country is declining, I can know like Nebuchadnezzar that *“the most High ruleth in the kingdom of men, and giveth it to whomsoever he will”* (Daniel 4:32). Although I may be worried about the financial state of our country and world, I can rest in the statement by our Lord: *“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof”* (Matthew 6:33-34).

Whatever problem I face, I know that God can help. No matter how bad anything could ever get, I know my God is greater. I have the precious scriptures to read and reflect upon as I face my community and my world. If you “cup runneth over,” do not let the din of what is going on out there make you lose your great confidence in the Lord.

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