

“Put On ... Kindness”

A quarter in an expired parking meter, an anonymous \$50 bill to a friend recently out of a job, working one Saturday at a Habitat for Humanity building site, visiting a nursing home -- they are all acts of kindness. But why should kind behaviors be random? Anyone will be kind occasionally. Shouldn't people be able to count on your kindness rather than be surprised by it?

Kindness is a defining feature of someone who follows Jesus Christ (Colossians 3:12). It is part of what Galatians 5:22-23 calls the "*fruit of the Spirit.*" According to 1 Corinthians 13, it is a behavior that displays God's love.

The people you come in contact with want you to be kind to them this week. Friends and family need your kindness even more. Let them learn you can be counted on for kindness. Make it your standard operating procedure for the week. Better yet, let it be a lifestyle pattern.

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